

Sandwiches & Wraps

Served with your choice of fries, soup, greens, or daily salad

BLT \$16.75

sourdough bread, bacon, lettuce, tomato, roast garlic aioli

Smoked Turkey Club \$19

lettuce, tomato, bacon, mayo, honey mustard, cheddar cheese

Burrito \$ 17.25

refried pinto beans, roasted corn, jalapeno jack and cotija cheese, slaw, housemade salsa, guacomole, roasted jalapenos
add wild boar chorizo sausage \$2

3 Cheese Panini \$14.50

cheddar, provolone, smoked gouda, herb aioli

Chicken Pesto Panini \$18

tomato jam, basil pesto, chicken breast, provolone cheese, red onion, spinach

Beef Dip \$20.75

roast beef, caramelized and crispy onions, provolone cheese, roast garlic aioli, fresh rosemary dipping jus

Glory Wrap \$15

spinach, shredded carrots and beets, candied almonds, falafel, tahini dressing wrapped in a flour tortilla

Smoked Salmon Bagel \$17.50

smoked salmon, lettuce, sprouts, red onion, crispy capers and citrus chive cream cheese on a locally made bagel from Frantastic Foods in Nelson

Burgers

Served with your choice of fries, soup, greens, or daily salad

WH2O Burger \$18.75

6oz patty, lettuce, tomato, onion, pickle, WH2O burger sauce

Summit Burger \$20.25

6oz patty, cheddar, bacon, lettuce, tomato, onion, pickle, WH2O burger sauce

Grilled Chicken Burger \$18.50

5oz chicken breast, Antoinette's, smoked cheddar, crispy onions, lettuce, tomato

Fancy Pants Burger \$21

6oz patty, greens, goat cheese, bacon, caramelized onion, and roasted garlic aioli

Powder Keg Burger \$20.25

6oz patty, smoked cheddar, roasted jalapenos, Antoinette's chili sauce, lettuce, tomato, onion, pickle

Huckleberry Trail Veggie Burger \$17.25

mushrooms, lentils, oats, quinoa, sunflower seeds, almond flour patty, chipotle aioli, cheddar, lettuce, tomato, red onion, pickles

Soup, Bowls, and Salads

Black Bean Vegetable Chili \$12.25
served with cheese, sour cream, and
cornbread

Chili con Carne \$13.75
served with cheese, sour cream, and
cornbread

Daily Soup \$8
served with fresh bread

WH2O Green Salad \$9.50
mixed greens, cucumber, tomato, carrot, red
onion, pea shoots, toasted seeds with a
raspberry madagascar pepper
vinaigrette(Nelson Olive Oil Co.)

Cesar Salad \$11.75
romaine lettuce, house made ceasar
dressing, parmesan, crunchy focaccia
croutons

Glory Bowl \$14.25
brown basmati rice, marinated silver king
tofu, shredded beets and carrots, spinach,
candied almonds, tahini dressing

Ymir Bowl \$15.75
cocunut curry with potatoes, chick peas,
yam, red pepper, served with chicken or tofu
on basmati rice, mango chutney, and naan
bread

Beet Bowl \$15.25
mixed greens, dijon dressing, raw beets,
roasted beets, goat cheese, pumpkin seeds,
dried cranberries, candied walnuts, and pea
shoots

Thai Bowl \$16.75
rice noodle, peanut dressing, carrots,
cucumber, smoked tofu, sprouts, green
onions, cilantro, rosted nuts and seds

Snacks

Fries \$7
Yam Fries \$8.25
- add gravy \$2.25
-add miso mushroom gravy \$3.25
-add shredded cheddar \$2

Dips \$1
Poutine \$10.75
Yam Poutine \$11.25
- add miso mushroom gravy \$1
Chili Cheese Fries \$11.50
Yam Chili Cheese Fries \$12.75
Vernon Sausage All Beef Hot Dog \$8.25
Chili Cheese Dog \$11.50

Add On

Bacon \$2.50
Cheese \$2
Upgrade to Yam Fries \$2.50
Add Gravy \$2.25
Add Miso Mushroom Gravy \$3.25
Upgrade to a Poutine \$3.50
Upgrade to chili fries \$3.50