SANDWICHES & WRAPS

Served with your choice of fries, soup, greens, or daily salad

BLT

Š18.00

\$20.00

\$15.75

\$19.00

Š21.75

Sourdough bread, bacon, lettuce, tomato, roasted garlic aioli

Smoked Turkey Club

Smoked turkey, cheddar, bacon, lettuce, tomato, mayo, honey mustard

Burrito

Š18.50

Refried pinto beans, roasted corn, jalapeno jack and cotija cheese, slaw, house-made salsa, quacamole, roasted jalapenos Add chorizo \$2.50

3 Cheese Panini 🐧

Cheddar, smoked cheddar, fontina, herb aioli

Chicken Panini

Chicken breast, roasted red pepper, aruqula, mozzarella, herb aoili

Beef Dip

Roast beef, caramelized and crispy onions, fontina, roasted garlic aoili, with fresh rosemary dipping jus

Glory Wrap 🗸

Spinach, shredded carrots and beets, candied almonds, falafel, tahini dressing, wrapped in a flour tortilla

Smoked Salmon Bagel

Smoked salmon, lettuce, sprouts, red onion, crispy capers, citrus cream cheese on Frantastic Foodz' locally-made bagel

Saigon Sub (bánh mì)

\$20.00

Vietnamese pork and shrimp herbed meatballs, cilantro, pickled Asian slaw, nuoc cham, mayo, served on a baquette

= Vegetarian

💙 = Vegan

BURGERS

Served with your choice of fries, soup, greens, or daily salad

WH₂O Burger

6oz patty, lettuce, tomato, onion, pickle, WH₂O burger sauce

Summit Burger

Š21.25

6oz patty, cheddar, bacon, lettuce, tomato, onion, pickle, WH₂O burger sauce

Grilled Chicken Burger

\$19.75

\$22.00

\$19.75

5oz chicken breast, smoked cheddar, crispy onions, lettuce, tomato, Antoinette's chili dip

Fancy Pants Buraer

6oz patty, greens, goat cheese, bacon, caramelized onions, roasted garlic aioli

Powder Keg Burger

\$21.25

\$18.50

6oz patty, smoked cheddar, roasted jalapenos, Antoinette's chili sauce, lettuce, tomato, onion, pickle

Huckleberry Trail Veggie Burger 🐧

Mushrooms, lentils, oats, quinoa, sunflower seeds, almond flour patty with chipotle aioli, cheddar, lettuce, tomato, red onion, pickle



\$16.25

\$18,75



SOUPS, BOWLS, & SALADS

Black Bean and Vegetable Chili 🔪	\$13.50
Served with cheese, sour cream, cornbread	
Chili con Carne Served with cheese, sour cream, cornbread	\$15.00
Daily Soup	\$9.00
Served with fresh bread	
WH₂O Green Salad 💙 🧚	\$10.50
Mixed groops, cucumber tomate, carrets, reasted apple	

Mixed greens, cucumber, tomato, carrots, roasted apple, caramelized onions, pea shoots, toasted seeds with our Nelson Olive Oil Co. cinnamon, pear, and black pepper vinaigrette

Glory Bowl 🗸 🧚

Brown basmati rice, marinated Silver King tofu, shredded beets and carrots, spinach, candied almonds, tahini dressing

Ymir Bowl 🔪

\$17.00

\$16.75

\$15.50

Coconut curry with potatoes, chickpeas, yam, red pepper, served with chicken or tofu on basmati rice, mango chutney, naan bread

Beet Bowl 🔪 🧚

Mixed greens, dijon dressing, raw beets, roasted beets, goat cheese, pumpkin seeds, dried cranberries, candied walnuts, pea shoots

Thai Bowl 💙 🦋

Rice noodles, peanut dressing, carrots, cucumber, smoked tofu, sprouts, green onions, cilantro, roasted nuts and seeds

Glory-ous Noodle Bowl 🗸

\$15.25

\$18.00

Cold soba noodles, arugula, spinach, cucumber, carrots, green onions, cherry tomatoes, herbs, tossed with Glory dressing, topped with nuts and seeds



SNACKS

Fries	\$8.00
Yam Fries with chipotle mayo Add shredded cheddar cheese	\$9.75
	\$2.00
Dips	\$1.00
Poutine	\$11.75
Yam Poutine	\$13.25 \$1.00
Sub miso mushroom gravy	
Chili Cheese Fries	\$13.00
Yam Chili Cheese Fries	\$14.50
Served with chili, cheese, sour cream Sub vegetarian chili	
Vernon Sausage All Beef Hot Dog	\$9.25
Chili Cheese Dog	\$12.50
Snack box \ Choice of Whitewater crackers & Antoinette's dip	\$6.00
or vegetables & hummus	
Nachos (after 2:30pm)	\$20.00
Add guacamole	\$5.00
ADD-ONS	
Bacon	\$2.50
Cheese	\$2.00
Gravy	\$2.25
Miso mushroom gravy	\$3.25
Upgrade to Yam Fries	\$2.50
Upgrade to Poutine	\$3.50
Upgrade to Chili Cheese Fries	\$3.50
Upgrade to Yam Poutine	\$4.50

🏋 = Wheat-free